CONSCIOUS BLOSSOMING

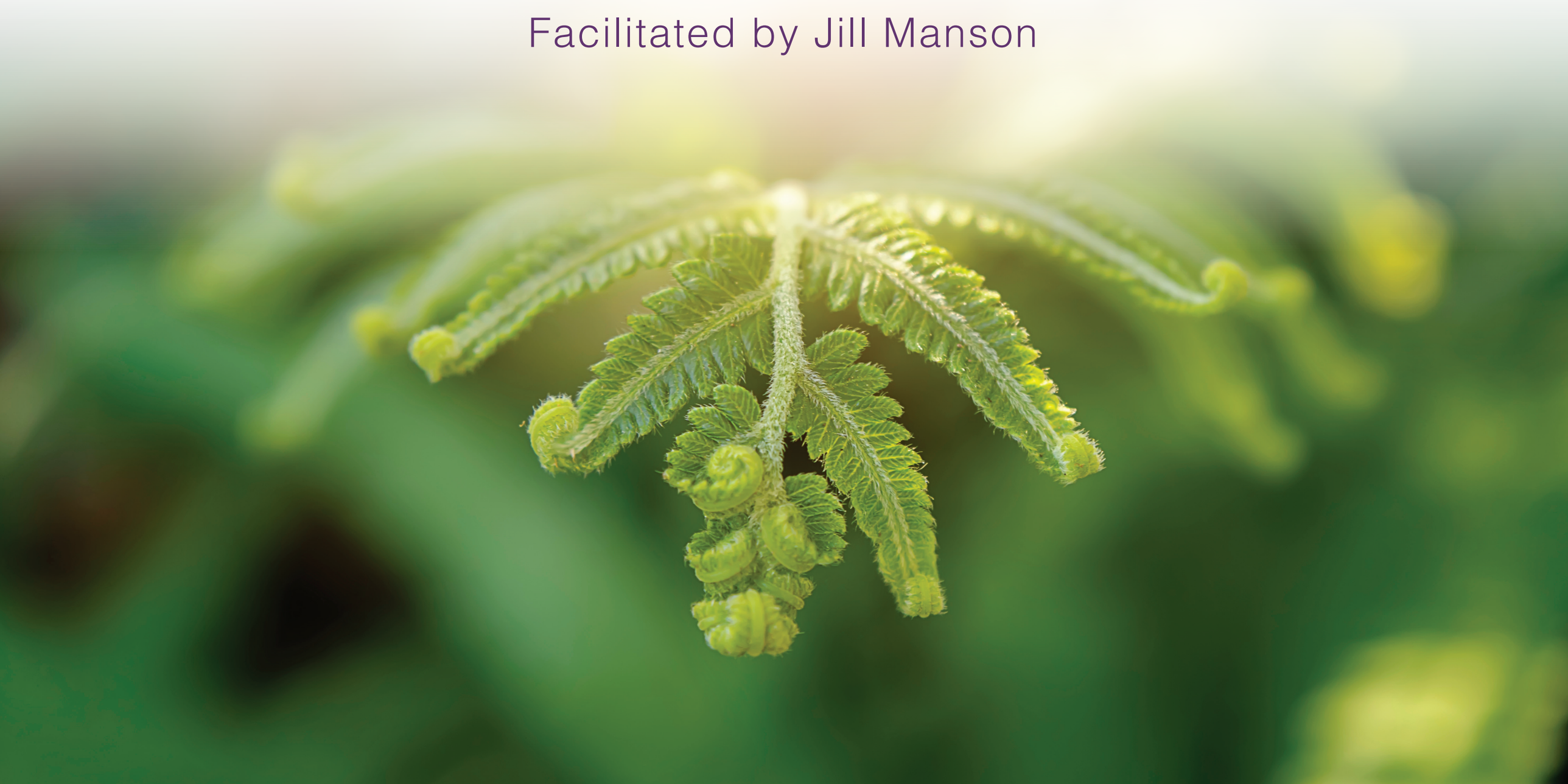
Where Leadership Meets Nature's Wisdom

Find your true nature in nature

In Toto Retreat, Garden Route · 30 April to 4 May 2027

WESTERN CAPE, SOUTH AFRICA

Facilitated by Jill Manson







Why Conscious Blossoming?

Conscious Blossoming is more than a retreat —
it's a soul-awakening journey into nature,
creativity, and self-discovery. Come to reconnect, realign,
and bloom into the fullest version of yourself.

What is Included?

- 3 nights & 3 days accommodation at 4 star In Toto Retreat Garden Route
- 3 x delicious and wholesome meals daily
- Snacks, teas, coffees and refreshments during all processes
- Gift bag & Journal



What is Included?

- Daily and ongoing personal development sessions with three facilitators
- Morning bodywork and mindful movement sessions and meditations
- All nature based guided talks walks activities and excursions





What sets this retreat apart?

Unique use of nature in a variety of therapeutic and practical processes and methods as a powerful reflective tool to identify stuck patterns, unlock new perspectives, release negative states, reconnect with purpose, find a sense of belonging and align with your truth.





What to Expect

4 star accommodation I Three seasoned facilitators

Yoga and body movement Meditation I Guided forest walks

Biomimicry practice I Flower picking arranging

Flowerscape therapy I Indigenous forest bathing I Rest and relaxation

Full moon beach walk with rock pool gazing I Delicious vegetarian food

Save Your Spot Today!

DATE: 30 April to 4 May 2027

LOCATION: Garden Route, Western Cape, ZA

PRICE: R22 500pp private room
R19 500pp sharing twin room
R10 500pp day visitor

CONSCIOUS BLOSSOMING

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A COLLABORATION BETWEEN:

consciouslead and Jill Manson FLOWER JOURNEYS

Contact Us

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LIMITED SPOTS AVAILABLE: 20 PAX